**MINUTES OF PPG MEETING 28/05/ VENUE: Number 65 High Street.**

**PPG Members**

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| RR (Chair) | TM (vice-chair 2)  |
| DT (Vice Chair)  | BH (secretary) |
| RER (Treasurer) | SP **Apologies** |
| JW **Apologies** | HW  |
| CBJ | JR **Apologies**  |
| PR (TMG) | BR **Apologies** |
| MK  | MC |
| AW | Dr EG (Partner TMG) |
| MW  | HC **Not Present** |
| PP **Apologies** | PN (new)  |
| HO (Wellbeing Officer, Nailsea Town Council) |  |

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| 1 | **Membership and Attendance**Apologies and those Not Present: see list above. We welcomed new PPG member PN. We welcomed Dr E Griffiths. See text under TMG section.  |
| 2 | **Minutes from previous meeting** **Minutes from April 2024: Issues Arising*** **Donation bowl** MC’s idea of having a bowl or donations at Health Events was not recorded, agreed to adopt practice going forward.
* **Dr Cresswell** responsible for several care homes not just the care home in LA.
* **NDAs** still outstanding for HC, JW, PP, SP. **BH to chase.**
* **On-line triage system**. Ref times of service, the telephone message still refers to 12 PM. **Phillippa to check.**
* **LA** meeting venue now moved to the Café / Club Room at LA Community Centre.
* **PPG Awareness:** BH completed text on the Diabetes event, **RR to upload to NAPPS site.**
* **Suggestion Boxes:** HW checked the box from Backwell, RER from Brockway, DT from Tower House. MW has agreed to check the box in LA on a monthly basis.
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| 3 | **Treasurers report:** Account balance: £479.79 Designated Funds: £188.51Undesignated Funds: £229.58Expenses pending: £45 to Backwell Bowls Club due in August. / Funds to LA Community Centre Café for June meeting.Funds due from Nailsea Town Council: £13002023 accounts to be presented at the next PPG meeting. **BH to send with minutes.** |
| 4 | **TMG Input****Dr EG:** Has been with TMG around 7 years and has been a partner for a couple of years. A key responsibility is Preventative Medicine and a drive to promote concept of patients taking ownership of their own health. The role includes:* Social prescribing / Wellbeing team: this team tries to engage with patients and sign posts
* Green Agenda
* Dementia (GP for Argentum Care Home)
* Diabetes education initiative with JS the dietician.

**Potential overlaps and duplication** between primary care (TMG) initiatives and wider initiatives emanating from the council, (**Together Initiative** <https://www.nhs.uk/services/clinic/vita-health-group-vitaminds-bristol-north-somerset-and-south-gloucestershire/NWC07>)and wider NHS and the Integrated Care Board. <https://bnssg.icb.nhs.uk/>As TMG is a PCN in its’ own right it can respond quickly to local needs, and it is essential that the GPs retain control of all complex care patients. Dr EG acknowledged the need and desire to work more collaboratively. PR said that although TMG works independently, they do have knowledge of other activities. Dr Sarah Pepper is the Clinical Director and therefore is an effective liaison between ICB and TMG.HO talked about the upcoming **Health Check event on 7th June**, lead by Tabinda (?)<https://www.nailseatown.com/free-health-check-event-at-no-65-high-street-nailsea-no-appointment-required/#:~:text=Accure%20Health%20Care%20Consultancy%20Ltd,on%20Friday%207th%20June%202024>.Some concern expressed that this might lead to a demand spike, similar to that experienced by Pharmacists offering BP checks. All results from the Health Check event will be shared with TMG.**Submitting BP checks via an online form:** BH complimented this practice prior to the Diabetes annual review but suggested that there should be an additional request to pick up a urine sample bottle which can be taken to the nurse when attending for blood tests and foot checks. Dr EG confirmed that the BP monitors available for home use are perfectly adequate and reliable.**Big Green Week:** the PPG had explored the possibility of Medicines Blister Pack recycling. TMG had also looked at this and discarded the idea because of the price and the administrative load it would cause in the surgeries. Dr EG said that they were working with the Nailsea Climate Action Group to petition Pharmaceutical Companies to change their packaging as a more effective solution.**TMG activities for Big Green Week:** For info see scheduled activities below. * Removal of General Waste bins with a target to recycle everything
* Green Travel – can you lift share/get public transport or walk/cycle
* A push to encourage patients to use the NHS App to limit paper requests for prescriptions and printing out blood results etc
* Seed swap
* Clothes/book swap
* Reception at all sites to pilot emailing Home visit summary sheet to GPs to avoid printing out paper

 Proposed schedule * Monday – Avoid all general waste/ stop one medication (or switch inhaler to more green alternative)
* Tuesday – Travel green
* Wednesday – Wear pre-loved
* Thursday – Eat Veggie, Jamie to do a staff talk at lunch about planetary diet
* Friday – No print day

**Prescribing Practices: T**he issue of medicines wastage had arisen from discussions ref Big Green Week and several PPG members posed questions.

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| **QUESTIONS** | **TMG responses** |
| size of packets and tubes being too big,  | Practices have no influence over this |
| inability to take unused medicines back to pharmacies. | These are the rules and TMG have no say |
| Redundant medication after prescription changes, particularly with more frail people with cognitive issues. | It would be very difficult to physically arrange for removal of redundant medications |
| medicines review process at TMG  | There is a prescribing team at TMG who use Review dates to monitor medications, rather than GP monitoring on a face-to-face basis |
| problems with dosette boxes | There have been supply issues around dosette boxes but Dr EG thought that these have been resolved |

**Screens in all surgeries:** Unlikely to get a decision on extending use of screens to all surgeries until October. |
| 5 | **Diabetes Support Group Progress** BH met with HO to progress and came up with the following plan.1. Set up a monthly Diabetes (& Hearth Health) Drop In coffee morning at No 65. PPG to supply tea and coffee supplies.
2. 2nd Tuesday of each month 11.00 – 12.00, inaugural meeting on 9th July.
3. Aim for a ‘Professional’ to be in attendance each month. The professional could come from an array of disciplines relevant to Diabetes, Wellbeing, Heart health. Leigh Morpeth (Locality Coach at the Diabetes Prevention team) has agreed to attend the first session. The aim is for professional to ‘be there’ and have resources and chat to people, not to provide a didactic session and not a 1:1 consultation.
4. Use and promote the existing Diabetes Support Group Facebook page as an ongoing forum.
5. Explore possibility of one off events if need arises.
6. Initial invitation would be to the people who expressed interest in the support group.
7. Promotion: TMG validation and signposting, Facebook, articles in local forums / news channels.

The room is booked, **BH to send invite.** |
| 6 | **Friends and Family Results: 2024 to date**

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|   | **Green** | **Amber** | **Red** |  | **Green:** | Very good and good |   |   |
| January | 97.68% | 1.34% | 0.99% |  | **Amber:** | Neither good nor poor and Don't know |
| February | 96.78% | 2.19% | 1.02% |  | **Red:** | Poor and Very poor |   |   |
| March | 96.65% | 2.04% | 1.31% |  |  |  |  |  |  |
| April | 97.11% | 2.11% | 0.78% |  |  |  |  |  |  |
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| 7 | **PPG needs within the TMG website**. * PR working on getting text onto the TMG site
* Agreed that documents to be housed on the TMG site, NOT the PPG Google Drive
* Format of minutes to stay as they are but names to be replaced by initials

**PR & BH to liaise** |
| 8 | **Wellbeing Event**. The plan is to follow the template set by Portishead, and we are awaiting final analysis from that. Agreed to include Hayley Orchard the new Wellbeing Officer based at No 65.AW expressed concern that this programme would be too demanding given the limited resources of the PPG. RR clarified that the events would be put on by the respective teams and PPG involvement would be facilitative not proactive. |
| 9 | **AOB*** Confirmation that Katie White from Healthwatch will attend a future PPG event as a speaker as she had had to cancel in May.
* MW agreed to collect any suggestions from the LA surgery in for the June Meeting.
* MC complimented TMG on the organisation of the vaccination programme at Brockway.
* RER pointed out that the poster with information about taking samples back to the surgery is on the door at LA, but when it opens automatically, the poster slides with the door and can’t be seen. **PR to check.**
* BH asked whether it would be beneficial if the PPG supported an awareness campaign around SEPSIS. Generally felt to be of use. It would probably be better as a leaflet and poster and communications campaign than as a talk. TMG reluctant to use text messaging for such a diverse group. **HO to connect with the Sepsis Trust. Put on June Agenda.**
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| 9 | Next MeetingTuesday June 25th at The Club Room / Café in LA Community CentreAttachments: 2023 accounts, Big Green Week Posters |